

Student Wellness Center - ADHD Information

The Student Wellness Center does not perform new assessments for ADHD. Students previously diagnosed with ADHD who request to receive medication through the Student Wellness Center will be required to provide adequate documentation of their diagnosis.

Examples of adequate records:

1. Medical records from a current or former psychiatrist.
2. Neuropsychological Assessment records.
3. A copy of your IEP or 504 Plan which shows your ADHD diagnosis and medication.

To provide documentation, visit the [Request Patient Records](#) webpage and complete the Authorization for Release of Information/Records form. Student records need to be received and reviewed at least 3 days prior to scheduling an appointment with the Psychiatrist.

If the records do not support the diagnosis, ADHD medication will not be prescribed by the SJSU psychiatrist. Students approved to receive stimulants through the Student Wellness Center will be requested to sign a Stimulant Medication Agreement, attend monthly visits with the psychiatrist, and cooperate with requested lab work, including drug screens. Refills will not be done outside of appointments.

Students already receiving stimulant medication may also elect to continue to receive them through their current provider.